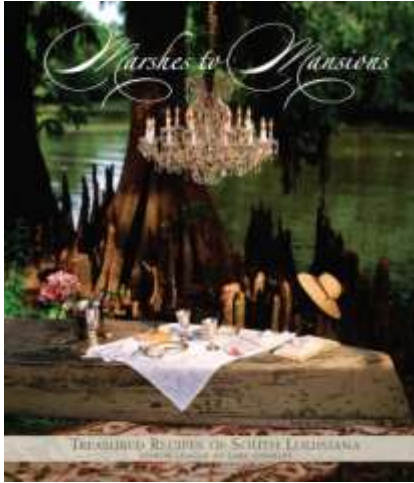


Marshes to Mansions



A Culinary Journey through the Marshes and Mansions of South Louisiana

Lake Charles, LA -- Famous the world over for its unique culture, lively music, and award-winning food; life in Louisiana is an expression of its French, African, Spanish, and Native American heritage. **Marshes to Mansions**, a new cookbook from the Junior League of Lake Charles, is now available.

This unique cookbook takes readers on a culinary adventure, offering a sample of the lush and alluring landscape of Southwest Louisiana through stunning photographs by local photographer Victor Monsour, Jr. Journey through the bayous, marshes, and the Gulf of Mexico; travel from the kitchens of cozy cottages to the dining rooms of elegant homes to learn why, in South Louisiana, we love to live, and live to eat!

The proceeds from the sale of this book will go directly to funding the projects of the Junior League of Lake Charles. Founded in 1933, the League has an impressive list of accomplishments and continues to impact the local community in a positive way.

2008-2007 Awards

Winner of the 2007 South Regional Tabasco Community Award

2008 Winner IPPY Award Bronze Medal for Regional South Non-Fiction Category

2008 DIY Book Festival Runner-up for Cookbook Category

2008 USA Book News Award Finalist for Cookbook Regional Category

2007 Foreward Magazine's Book of the Year Award Finalist for Cookbook Regional Category

2007 Erick Hoffer Award Finalist

Marshes to Mansions

FACT SHEET

Treasured Recipes of South Louisiana *A Cookbook by the Junior League of Lake Charles*

Photographer	Victor Monsour, Jr.	
Brief	<p><i>Marshes to Mansions</i> is a collection of 256 recipes presented in six chapters: Toast of Lake Charles ~ Appetizers and Beverages Around the Lake ~ Soups, Salads & Breads Cultural Crossroads ~ Entrees Blend of the Bayous ~ Seafood and Game Southern Sides ~ Side Dishes The Sweet Life ~ Desserts</p> <p><i>Marshes to Mansions</i> contains over 90 sidebars and tips with interesting facts and tales about people, places and events throughout Lake Charles history, along with helpful cooking tips.</p>	
Publication Date	September 2007 - 20,000 copies	
Price	(Retail pricing available to qualified vendors.)	
Sample Recipes	<p><u>Crawfish Beignets with Two Sauces</u> <u>Cold Tomato and Crab Soup</u> <u>Cornmeal Sage Biscuits with Sausage Gravy</u> <u>Balsamic Beef Tenderloin</u> <u>Sautéed Shrimp with Jalapeno Cream Sauce</u> <u>Smoked Salmon Cheesecake</u> <u>White Chocolate Blueberry Bread Pudding</u></p>	
Proceeds	All proceeds from the sale of this book will go directly to fund the efforts of the Junior League of Lake Charles.	
Specifications	224 pages; Hardback 256 Recipes, 90 Sidebars and Tips 40 Photographs ISBN # 978-0-9607524-4-7	
Contact Information	Junior League of Lake Charles, Inc. 1019 Lakeshore Drive Lake Charles, LA 70601 (337) 436-4025 www.jllc.net	Gina Neck – Retail Sales Cell – 337-794-4050 ginalneck@gmail.com

Marshes to Mansions

About the Photographer

Victor Monsour, Jr.

Marshes to Mansions
Treasured Recipes of
South Louisiana
By the Junior League of Lake Charles



Victor Monsour, Jr. spent much of his young life in the marshes, woods, and swamps learning to hunt and fish under the careful guidance of his grandfather. Most of his free time was spent in the marshes and bayous of Southwest Louisiana enjoying the wildlife and scenic vistas.

Upon graduating from Brooks Institute of Photography in Santa Barbara, California, Monsour opened Monsour's Photography, a full-service photography studio, which has been in operation for the past 26 years. Monsour's Photography is currently located at 929 Broad Street in the Charpentier District of beautiful downtown Lake Charles.

Today, Monsour favors hunting with his camera rather than his shotgun. He now enjoys capturing the beauty of the Southwest Louisiana marshes where he perfected his skills and became an acclaimed photographer. Photography by Monsour will be featured throughout a new cookbook *Marshes to Mansions* by the Junior League of Lake Charles available for purchase in September. In this latest work, Monsour interestingly contrasts the usual with a bit of the unusual which adds distinctive panache to this enticing new cookbook.

Monsour's work is well known throughout the south. Additionally, his work has been published in a number of magazines including Southern Living, Better Homes and Gardens, Good Housekeeping, Ladies' Home Journal, Supermodel, National Enquirer, Sew Beautiful, Vintage Magazine, Workboat Magazine, U.S. Fish & Wildlife Magazine, Orvis, Ducks Unlimited, Louisiana Conservationist, and Louisiana Sportsman.

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Marshes to Mansions

phone: 337.433.2333

Sales Packet Information

Thank you for your interest and supporting the Junior League of Lake Charles, Non- Profit Organization. All proceeds of Marshes to Mansions goes to support projects for Family's and Children in our Community.

(Retail pricing available to qualified vendors.)

Please contact:

Gina Neck

Cell 337-794-4050

ginalneck@gmail.com

To place orders

Proceeds fund the charitable endeavors of
The Junior League of Lake Charles, Inc.